

Run the Brussels half-Marathon for Mental Health Europe

Mental Health Europe (MHE) is the largest independent network organisation in Europe representing mental health service users, professionals and service providers. Our mission is to improve mental health across Europe.

Fundraising boosts our public profile and supports our advocacy work, helping us to develop new material, organise activities and promote positive mental health and well-being in Europe.

As part of fundraising activity, every year a team of runners enters the **Brussels half-Marathon** on behalf of MHE. This year the event is taking place on Sunday 28 October 2018 and we are seeking runners to join the MHE team.

We will provide runners with branded t-shirts, with the help of a corporate sponsor. All you have to do as a runner is set up a JustGiving or similar fundraising page, and turn up ready to run on 28 October!

(We ask that runners raise or donate at least € 30 to cover registration fees.)

Would you like to join our running team?

If the answer is yes, please email Robin Murphy on robin.murphy@mhe-sme.org.

How to run for us

For information contact Robin Murphy on
+32 2 227 27 08 / robin.murphy@mhe-sme.org.



www.mhe-sme.org



Mental Health Europe