SCALE OF APPRECIATION:

HOW WAS THE WEATHER DURING THE SWEDISH PRESIDENCY









PROMOTION OF MENTAL HEALTH AND WELL-BEING

The Council invited Member States to prioritise mental health and well-being among young people, addressing loneliness, psychosocial risks at work, and mitigating mental health risks in the context of new digital technologies. They also stressed the need to collect data on social exclusion and climate change's impact on mental health. Two high-level events (Loneliness & Occupational Health) took place.



COMMITMENT TO THE RIGHTS OF PERSONS WITH PSYCHOSOCIAL DISABILITIES

In the context of the EU's aim to combat all forms of discrimination, including on grounds of disability, with a focus on multiple and intersecting forms of discrimination, the Swedish Presidency organised events to address social inclusion, access to housing, and person-centred services for people with psychosocial disabilities, while also co-organising a seminar on disability rights and strategies to promote equality across the EU.



THE INVOLVEMENT AND EMPOWERMENT OF USERS OF MENTAL HEALTH SERVICES

The Swedish Presidency emphasised youth participation, including unrepresented and under-represented groups, in decision-making processes, while also showing commitment to learning from experts by experience, including persons with disabilities. However, psychosocial disabilities were overlooked at the seminar on Disability Rights and Strategies, with people with lived experience of mental health absent from the programme.

