## Mental health: People at the centre

## **KICK-OFF WEBINAR**



### HOW DO YOU DO CO-CREATION IN MENTAL HEALTH?

Tuesday, 14 May 2024 10:00 – 11:30 am CEST



# Register now!

#### PROGRAMME

10:00-10:05	Welcome
	Charlotte Marchandise, EUPHA executive director
10:05-10:10	Introduction
	Ledia Lazëri, Regional Advisor for Mental Health, WHO/Europe
10:10-10:15	What is co-creation?
	Catherine Brogan, Mental Health Europe president
10:15–10:25	Co-creation in context: a brief history
	Jutta Lindert, EUPHA public mental health section
10:25–10:50	How has co-creation in mental health been done before?
	1. <b>Regaining your rights in Kazakhstan</b> – Gulnar Sagieva
	2. <b>Open Dialogue and experts by experience - co-creating in</b>
	changing thinking and practice in the Polish mental health
	<b>system</b> – Regina Bisikiewicz, Polish Institute of Open Dialogue
	3. Co-creation at the national level in Ireland – Gina Delaney,
	Development Officer at Mental Health Ireland
	4. Youth engaged for mental health: Youth co-creation in the pan-
	European Mental Health Coalition – Dion Ras and Ines
	Sarmento, pan-European Mental Health Coalition supporters
10:50-11:20	Discussion and Q&A: How do you do co-creation in mental health?
11:20–11:25	Reflection by the European Commission
	Stefan Schreck, Adviser for Stakeholder relations, European Commission
11:25-11:30	Closing remarks

#### Free attendance – please register at https://bit.ly/4a6TdLU or scan the QR code!









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