



#EUHPP LIVE WEBINAR

Increasing mental health understanding, awareness, and acceptance together

16 MAY 2024, 11.00 – 12.30 CEST, BRUSSELS TIME

Dear colleague,

To mark [European Mental Health Week 2024](#), the European Commission, WHO Europe and Mental Health Europe are joining forces to highlight the power of collaboration and co-creation for the implementation of the [EU's comprehensive approach to mental health](#).

This webinar aims to show that we are better together by showcasing policy approaches and a series of projects that boost the understanding, awareness, and acceptance of mental health. We can be more impactful if we involve all members of society, especially those with lived experience, on an equal basis. The examples will highlight how mental health can also be addressed through powerful partnerships with the carer, sports, and technology sectors.

This will also be an occasion to get an update on the delivery of the Commission's approach to mental health and how it is already starting to deliver on its promises.

Register to this webinar following [this link](#).

Once registered, you will receive the calendar invitation from Webex. Please pin it in your calendar and go back to it on the webinar day.

This webinar will be held in English

If you have any further questions, please contact sante-hpp@ec.europa.eu

We are looking forward to welcoming you online.

The EU Health Policy Platform team

European Commission
Directorate-General for Health and Food Safety
Unit B3 – Health monitoring and cooperation, Health networks
Luxembourg



#EuropeanMentalHealthWeek
#HealthUnion



The EU Health Policy Platform will host a live webinar, following this **agenda**:

Moderator: Belle de Jong

11.00 – 11.05	Welcome and setting the scene
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11.05 – 11.15	The EU comprehensive approach to mental health: in practice <ul style="list-style-type: none">• Directorate-General for Health and Food Safety, European Commission
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11.15 – 11.35	Co-creating to improve mental health <ul style="list-style-type: none">• Mental Health Europe• World Health Organization Regional Office for Europe
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11.35 – 11.45	Empowering people with lived experience <ul style="list-style-type: none">• Global Alliance of Mental Illness Advocacy Networks-Europe (GAMIAN-EUROPE)
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11.45 – 12.15	Inspiring projects <ul style="list-style-type: none">• Psychosocial Support for Promoting Mental health and wellbeing among adolescent young carers in Europe (ME.WE)• Act-Belong-Commit• YouTube Health
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12.15 – 12.25	Q&A – Discussion with the audience
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12.25 – 12.30	Conclusions <ul style="list-style-type: none">• Mental Health Europe• Directorate-General for Health and Food Safety, European Commission
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