



**Mental
Health
Europe**

Equal rights.
Better mental health.
For all.

ANNUAL REPORT 2024



Co-funded by
the European Union

ABOUT MENTAL HEALTH EUROPE

Mental Health Europe is the largest independent European network organisation working to:

PROMOTE
positive mental health
and wellbeing

PREVENT
mental health
problems

SUPPORT and **ADVANCE** the
rights of people with mental
health problems or psychosocial
disabilities



39

years of work



29

European countries



72

member organisations



OUR VISION

» Mental Health Europe envisions a Europe where everyone's mental health and wellbeing flourish across their life course.



OUR MISSION

» To lead in advancing a human rights, community-based, recovery-oriented, and psychosocial approach to mental health and wellbeing for all.



OUR VALUES

- » Dignity and Human Rights
- » Person-centredness, Independence & Autonomy
- » Solidarity
- » Innovation
- » Independence
- » Co-creation
- » Collaboration

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A FOREWORD

2024 was a year of both opportunity and uncertainty for mental health in Europe

As Mental Health Europe worked to advance its mission to promote rights-based and inclusive psychosocial approaches to mental health, we found ourselves navigating profound political shifts that will define the future landscape of European policy for years to come.

The European elections and the ensuing changes in the leadership of EU institutions presented both new possibilities and real challenges. With mental health finally gaining more visibility at EU level, there remains a pressing need to ensure this momentum translates into sustainable, systemic change that breaks down a siloed approach to mental health. Mental Health Europe has been at the forefront of this effort, advocating not only for a European Mental Health Strategy grounded in human rights and equity, but also for the active inclusion of people with lived experience in decision-making.

Amidst political transitions, Mental Health Europe remained a stable and trusted voice, ensuring that the rights of people with psychosocial disabilities were not sidelined. Our advocacy called on institutions to uphold the principles of the UN Convention on the Rights of Persons with Disabilities, the European Pillar of Social Rights, and the European Strategy for the Rights of Persons with Disabilities. We contributed to over 40 events, published policy and advocacy resources, and issued timely responses to emerging EU legislative developments, always amplifying the voices of those too often unheard.

Through 2024, we remained at the heart of the #WithdrawOviedo Campaign, standing firm against coercive practices in mental health care and pushing for voluntary, rights-based solutions. While political negotiations around the Oviedo Protocol shifted, our work expanded to influence the broader Council of Europe dialogue on psychiatric treatment, reinforcing our unwavering defence of human rights.

This year also saw the deepening of our commitment to co-creation. From national capacity-building events to WHO-led webinars, Mental Health Europe has been instrumental in showing how mental health systems can be transformed when those with lived experience are meaningfully involved together with all relevant actors to bring change. Our leadership in this area is now recognised across institutions and member states alike.

Mental Health Europe's advocacy was enriched by powerful communication and awareness-raising efforts. Our "Threads of Being" exhibition, which brought together artists with lived experience from across the continent,



used creativity as a medium to explore trauma, identity, and recovery. This initiative exemplified how mental health conversations can be enriched by the arts, inviting empathy and collective reflection.

2024 also marked the next step in our organisational development. The launch of our new visual identity and website signalled a refreshed vision for reaching diverse audiences and communicating our message with greater impact. Through podcasts, newsletters, and multi-language resources, we ensured our content was inclusive and accessible. Crucially, our Mental Health Glossary, translated into several languages continues to serve as a living tool for promoting respectful and non-stigmatising language across Europe.

In the face of shifting digital landscapes and political polarisation, our strategic communications adapted and thrived. Campaigns during European Mental Health Week and World Mental Health Day reached thousands. Our active media engagement helped shape public dialogue and strengthen intersectoral understanding.

We also took stock of the upcoming second review of the EU by the CRPD Committee, beginning preparatory work on our alternative report. This will be a key opportunity to hold institutions accountable and ensure that promises made to people with psychosocial disabilities are met with action. At national level, we supported members involved in country reviews, offering timely information and technical assistance to strengthen their engagement.

At its core, Mental Health Europe remains a network: a diverse, values-driven alliance of members, allies, and individuals committed to advancing mental health grounded in dignity, autonomy, and inclusion. In a time of growing social inequalities, shrinking civic space, and increasing demands on civil society, this network is our strength.

To our members, partners, funders, and allies: thank you. Your unwavering support fuels our work. As we move into 2025, we remain focused and ready to bring together vision, lived experience, and expertise to shape a future where everyone can flourish.

Let us continue this journey, together.



Claudia Marinetti
Director



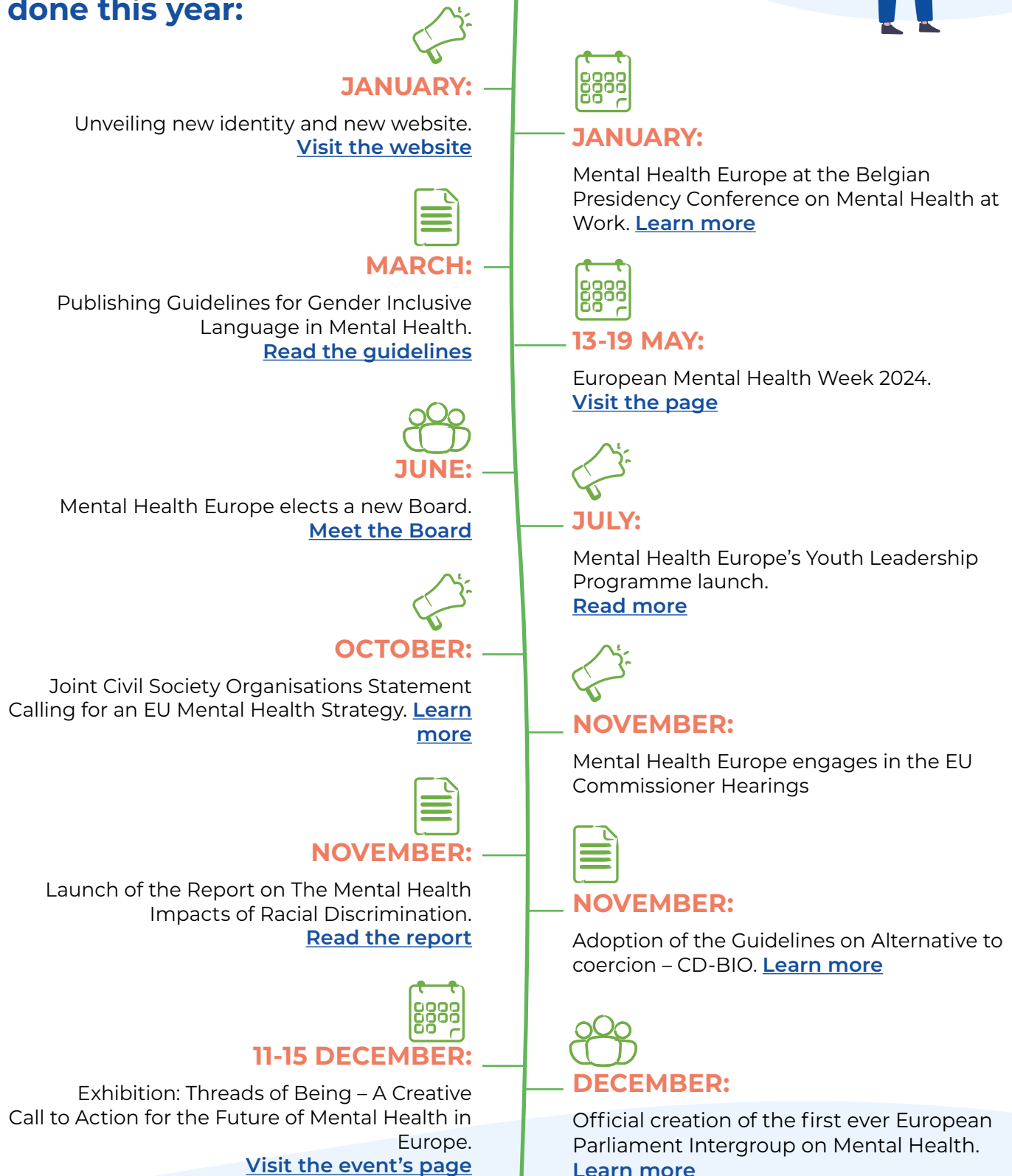
Andrej Vršansky
President



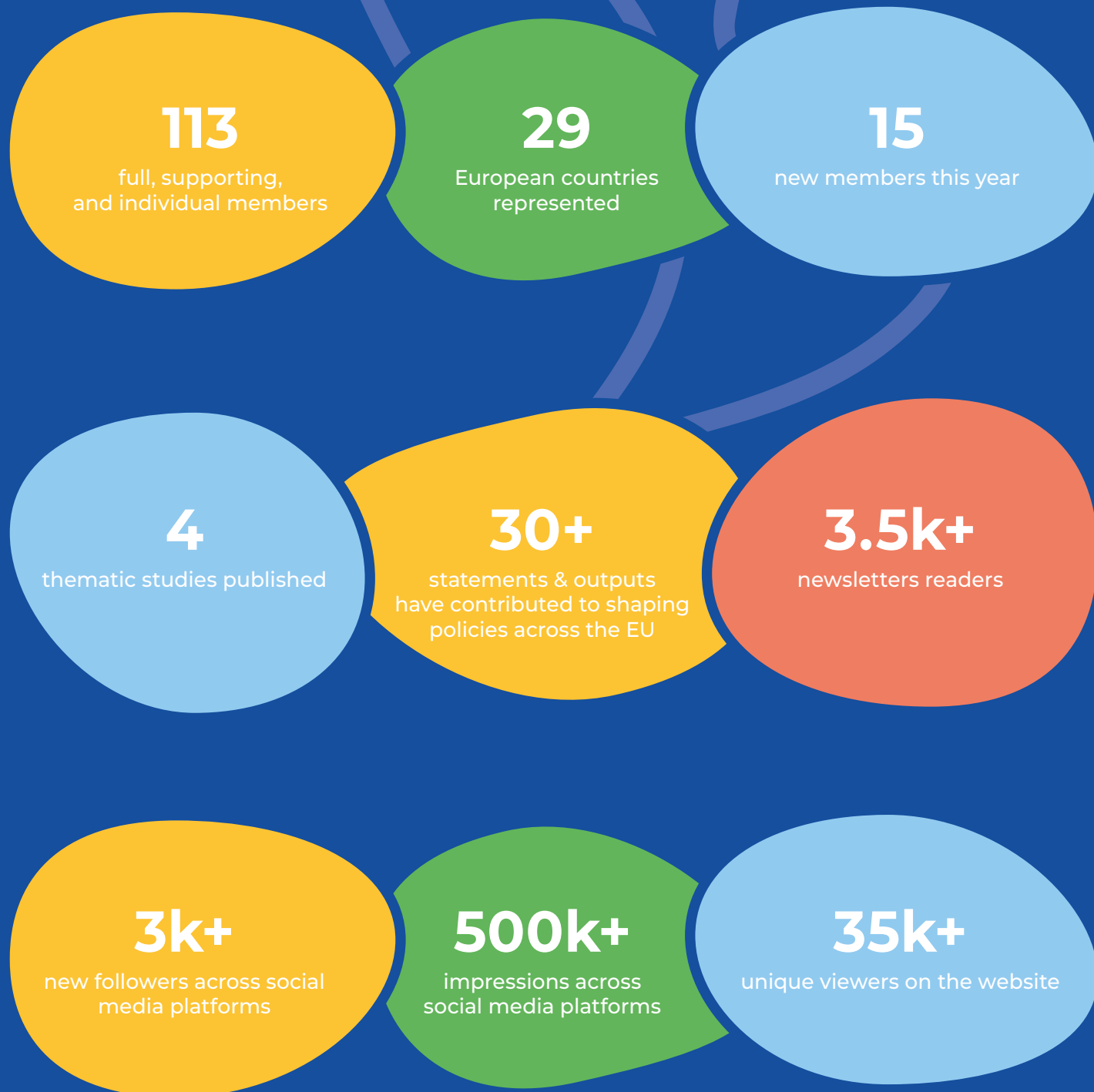
Catherine Brogan
Former President

1. A YEAR IN REVIEW: 2024

Here are a few of the key highlights of what we have done this year:



2. 2024 IN NUMBERS



3. OUR PRIORITIES IN 2024

EUROPEAN ELECTIONS 2024 AND THE EUROPEAN PARLIAMENT INTERGROUP ON MENTAL HEALTH

In the context of the 2024 European Elections, Mental Health Europe published and widely disseminated an updated [Manifesto](#), outlining five key priority areas for the next legislative cycle. Grounded in our commitment to a human rights-based and psychosocial approach, the manifesto called for accessible, community-based mental health services, meaningful co-creation with people with lived experience, and action to combat stigma and discrimination.

The manifesto gained the formal support of 73 European Parliament candidates. Following the elections, we remained actively engaged during the transition period, advocating for the formal establishment of an Intergroup on Mental Health. This effort culminated in a major milestone: the formation of the European Parliament Intergroup on Mental Health in

December 2024. The call for its creation was endorsed by over 90 Members of the European Parliament, signalling growing political momentum to make mental health a long-term EU priority.

Alongside our parliamentary engagement, Mental Health Europe closely monitored the [European Commission leadership changes](#) through the Hearings of new Commissioners and analysing mission letters for references to mental health.



PROMOTING A HUMAN RIGHTS-BASED APPROACH TO MENTAL HEALTH: WITHDRAW OVIEDO

Mental Health Europe continued to lead the [#WithdrawOviedo campaign](#), advocating against the draft Additional Protocol to the Oviedo Convention, which would legitimise involuntary treatment and placement practices. While the Council of Europe's Committee of Ministers halted progress on the Protocol, Mental Health Europe remained vigilant, shifting its advocacy toward shaping future standards through active participation in the Council of Europe's Bioethics Committee (CD-BIO).

Through consultations, bilateral meetings, and cooperation with the European Disability Forum, we contributed to shaping the CD-BIO's forthcoming guidance on voluntary care in mental health. Our message remained consistent: involuntary and coercive practices have no place in modern, rights-based mental health systems. Instead, voluntary, person-centred, and recovery-oriented care must be the foundation.



PROMOTING THE PSYCHOSOCIAL APPROACH TO MENTAL HEALTH

Building on our long-standing advocacy, Mental Health Europe continued to challenge the dominance of the biomedical model in mental health. Throughout 2024, we reinforced the importance of adopting a psychosocial perspective that prioritises the role of social determinants (such as poverty, trauma, exclusion, and inequality) in shaping mental health outcomes. This approach highlights the need for policies that go beyond symptom management and instead address the root causes of distress.

In 2024, Mental Health Europe intensified its work to promote the psychosocial model of mental health, advocating for its application within human rights frameworks like the EPSR, ESRPD, and UNCRPD. Through the

European Mental Health Policy Hub, we led a [Joint Statement on World Mental Health Day](#), endorsed by 55 organisations, urging EU institutions to adopt a comprehensive European Mental Health Strategy. We participated in more than 40 events to mainstream psychosocial approaches across various European policy areas. We also developed influential resources, including a Toolkit on understanding the psychosocial model, and engaged significantly with EU institutions and civil society partners.



EUROPEAN
PILLAR OF
SOCIAL RIGHTS

COLLABORATION WITH WHO'S PAN-EUROPEAN MENTAL HEALTH COALITION

Over the years, Mental Health Europe (MHE) has steadily strengthened its collaboration with the WHO Regional Office for Europe, particularly through its active involvement in the Pan-European Mental Health Coalition. As a recognised Non-State Actor with WHO Europe and a full member of the Coalition, MHE's expertise has been widely sought by a range of stakeholders to promote psychosocial and rights-based approaches across mental health policy, services, and community settings.

As part of this collaboration, MHE co-developed a key strategic document within a WHO Europe–European Commission initiative, funded by the European Union under the EU4Health programme: [Transforming mental health through lived experience: A roadmap for integrating lived and living experience practitioners into policy, services and community](#). This roadmap sets out practical steps to embed the voices and expertise of people with lived experience into mental health systems across Europe.

In addition, a central priority of the initiative is the meaningful integration of lived and living experience into mental health policy and practice. To support this goal, Mental Health Europe was contracted for its long-standing expertise and recognised leadership in co-creation/production with people with lived experience, their families, and supporters.

NEW PUBLICATION

Transforming mental health through lived experience:

A roadmap for integrating lived and living experience practitioners into mental health policy, services and communities



Click the link in the post to download



ACCESSIBLE, HIGH-QUALITY, RECOVERY-ORIENTED MENTAL HEALTH SERVICES IN THE COMMUNITY

In 2024, Mental Health Europe intensified its efforts to foster the development of mental health services that are accessible, high-quality, recovery-oriented, and firmly rooted in human rights within the community. A significant contribution was the creation of a concise guide on peer support in mental health care, developed in partnership with the Psychosocial Approach Expert Group. This guide outlines fundamental principles and provides European case studies to facilitate peer involvement in recovery-based care.

We also delved into emerging policy domains, specifically digitalisation and artificial intelligence (AI):

- A pivotal [publication](#) explored the implications of AI in mental health from a rights-based viewpoint, identifying both opportunities and risks, alongside regulatory gaps.
- In collaboration with academic researchers, Mental Health Europe released a study titled [“Towards Recovery-Based Human Rights Indicators in Mental Health Services,”](#) which introduced a novel framework for evaluating community-based services. The study underscored the necessity of transitioning to recovery-oriented approaches aligned with the UNCRPD, thereby laying the groundwork for developing robust, human rights-informed evaluation indicators.

Our capacity-building initiatives played a crucial role in disseminating this knowledge to a diverse array of stakeholders:

- Mental Health Europe hosted four member-led thematic webinars, addressing topics such as youth mental health and relational recovery. Additional webinars showcased the work of member organisations and promoted networking among countries and professional groups.



- At the European level, an in-person capacity-building workshop series was conducted, featuring a session dedicated to peer workers. National events in Ireland and Austria, focusing on youth lived experience leadership and service evaluation, were delivered by our member organisations.
- These were supplemented by study visits and exchanges in Belgium and the Netherlands, fostering mutual learning and regional collaboration.
- Mental Health Europe also actively engaged in several key consultations, including those concerning the EU4Health Annual Work Programme 2025 and access to quality social and essential services.

CO-CREATION WITH EXPERTS BY EXPERIENCE, THEIR SUPPORTERS, SERVICE PROVIDERS AND OTHER ACTORS

In 2024, Mental Health Europe reinforced co-creation as a cornerstone of rights-based mental health policy, championing the meaningful involvement of people with lived experience. Our efforts included two national capacity-building events in Ireland and Austria, demonstrating practical co-creation in national contexts. We also supported peer learning through study visits and exchanges.

A key focus was expanding external co-creation advocacy and training. Mental Health Europe delivered a dedicated training session for members and led a workshop at the Health Now 7 Conference, promoting shared decision-making. On the global stage, our expertise was recognised by the World Health Organisation, which invited MHE to present in November 2024 at two webinars on co-creation processes with young people and adults with lived experience. These webinars aimed to support EU Member States in mainstreaming co-creation into their mental health strategies, solidifying its leadership in embedding co-creation across the European mental health landscape.

MENTAL HEALTH-RELATED STIGMA AND DISCRIMINATION

In 2024, Mental Health Europe significantly expanded efforts to combat mental health-related stigma through a multifaceted communications strategy. A key highlight was the [“Threads of Being”](#) community arts exhibition in Brussels, showcasing 12 artists with lived experience, drawing 87 participants and fostering reflection on complex factors shaping mental health.

To promote empowering language, the [Mental Health Glossary](#) was disseminated and translated into Hungarian and Serbian. Throughout the year, Mental Health Europe

SUSTAINABILITY AND IMPACT

Mental Health Europe continued to serve as a leading source of expertise in policymaking across Europe, enhancing opportunities to mainstream psychosocial and human rights perspectives on mental health. Strategic partnerships remained crucial, including co-developing a roadmap with WHO Europe for integrating lived experience into mental health systems.

In 2024, our membership expanded with five new organisations and six individual members, broadening geographic representation and lived experience expertise. We supported member engagement through eight webinars, national capacity-building events, and peer exchanges.

Financial sustainability was significantly bolstered by renewed and increased funding from the Rare Impact Fund, a new grant from WHO Europe, and a YouTube grant for combating mental health misinformation. Mental Health Europe also secured a tender for the EU’s anti-stigma campaign.

rare impact fund

was present on various platforms, including a new “Empowering Minds” podcast episode, two videos, an updated website and brand, and social media campaigns during European Mental Health Week and World Mental Health Day. We also supported the European Commission’s [“In This Together”](#) anti-stigma campaign and launched the [“Beyond the Label”](#) video series on YouTube.



4. COMMUNICATION & AWARENESS-RAISING IN 2024

In 2024, Mental Health Europe significantly enhanced its communication to mainstream mental health, raise awareness of critical issues, and promote an intersectoral approach. The launch of our redesigned website and new visual identity in January demonstrated a clear commitment to impactful engagement and a unified narrative across all platforms. Our digital outreach included eleven external newsletters, reaching approximately 3,500 readers, alongside consistent website updates.

We leveraged social media platforms (LinkedIn, Facebook, Instagram, YouTube, X) to deliver targeted messages and run awareness campaigns. While platform changes on X (formerly Twitter) following its acquisition presented some challenges to engagement, the organisation continued to adapt its

strategy. We also published seven blog posts on diverse topics, including LGBTQIA+ rights and workplace mental health, reinforcing our thought leadership.

Our media engagement included issuing six news and press releases along with four articles published in mainstream and specialist media outlets, ensuring wide dissemination of our key messages. Furthermore, Mental Health Europe's Mental Health Glossary: Empowering Language was translated and culturally adapted into Hungarian and Serbian, directly promoting the use of destigmatising and respectful mental health terminology across Europe, thereby enhancing our efforts for accessibility and inclusive communication.

EUROPEAN MENTAL HEALTH WEEK 2024

[The fifth edition of European Mental Health Week](#) focused on the theme “Better Together: Co-creating the Future of Mental Health.” We highlighted the importance of co-creation in mental health through a video titled [“What is Co-creation in Mental Health? Catherine Brogan Explains”](#), featuring our former President. A dedicated social media campaign accompanied the initiative, reaching wide audiences across Mental Health Europe's platforms. The campaign led to a notable increase in engagement, attracting nearly 1,000 new followers, generating over 30,000 website views in May, and boosting media coverage. The week concluded with the now traditional [Run for Mental Health](#) at the Brussels 20km race, which saw the participation of 52 runners.

EMPOWERING MINDS PODCAST

Mental Health Europe released a new episode of the “Empowering Minds” podcast, which explored the question: “Are psychedelics the new frontier in mental health?” Featuring Prof. Sara Tai and Prof. Joanna Moncrieff as guests, the episode provided essential clarity on the historical context, potential benefits, and associated risks of psychedelics in mental health support, fostering an informed discussion on the motivations behind this research and the future of these practices.



“THREADS OF BEING” EXHIBITION

In December 2024, Mental Health Europe hosted the [“Threads of Being”](#) community arts exhibition in Brussels. This exhibition featured 12 artists with lived experience, offering profound insights into themes such as identity, trauma, social inclusion, and care. The vernissage attracted 87 participants, including advocates, policymakers, and community leaders. The exhibition remained open to the public for 5 days, serving as a collective call to action for a more inclusive, human rights-based approach to mental health, and highlighting the need for a strong European Mental Health Strategy and policy integration.



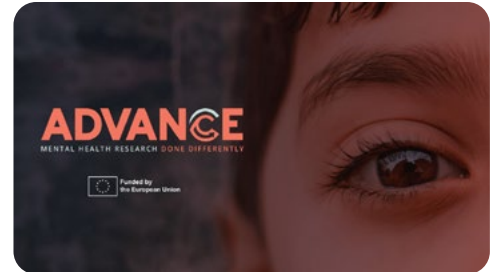
5. OUR PROJECT WORK IN 2024

ADVANCE

Started in July 2023:

advancementalhealth.ku.dk

ADVANCE seeks to improve mental health promotion and prevention for vulnerable populations across Europe, addressing challenges like climate change, digitalisation, and migration. Mental Health Europe leads the co-creation process, supporting national teams in working with Society Advisory Groups to ensure diverse perspectives. In 2024, it helped define protocols for literature reviews, a Delphi survey, and scenario workshops.



WELL-CARE

Started in January 2024:

wellcare-project.eu

WELL-CARE is a collaborative project supporting informal carers and long-term care workers. Mental Health Europe leads strategic analysis and policy formulation (WP4). In 2024, it gathered data through surveys and partner verification to analyse EU policies, legislation, and care frameworks. Additionally, Mental Health Europe developed standardised tools to conduct 40 key-informant interviews, ensuring ethical, consistent data collection for continued research and stakeholder consultation.



EU-PROMENS

Started in January 2024:

eu-promens.eu/eu-promens

EU-PROMENS strengthens the capacity of health professionals in mental health through training and exchange programmes. In 2024, Mental Health Europe supported the development of key resources and tools, helped form a stakeholder Core Group, and established six regional hubs to pilot the programmes. Activities were based on a country-level study assessing current capacity and needs, using a multi-method approach to ensure training relevance across community healthcare settings.



CO-CAPTAIN

Started in June 2023:

cocaptain.eu

CO-CAPTAIN focuses on reducing disparities in cancer prevention for people with mental health problems. In 2024, pilot sites across five countries launched tailored cancer prevention programmes focused on healthy habits such as smoking prevention and physical activity. The work followed earlier co-creation to identify barriers and adapt the Patient Navigation model to local systems. Implementation continued with new strategies to increase participation and recruitment.



E-YOUTH

Started in November 2021:

mentalhealtheurope.org/project/e-youth

E-YOUTH aims to build a cross-sectoral, community-based approach to supporting young people with disabilities. In 2024, Mental Health Europe contributed to developing training resources, a pedagogical guide, and policy recommendations for EU stakeholders. The final event in Brussels showcased outcomes, including a methodological framework for outreach services and guidelines to enhance youth workers' skills and competencies. The project closed after producing several practical and policy-focused resources.



GO GREEN ROUTES

Started in September 2020:

gogreenroutes.eu

Go Green Routes promoted urban wellbeing by linking mental health with environmental sustainability. The project concluded in 2024, having engaged cities, researchers, SMEs, and NGOs in co-designing nature-based interventions. It championed Nature-based Solutions, health innovations, and citizen science. Mental Health Europe contributed to creating inclusive, playful, and sustainable urban strategies. The final conference highlighted the impact of these solutions on health and wellbeing.



LET'S TALK ABOUT CHILDREN

Started in February 2023:

letstalk.utu.fi

Let's Talk About Children (LTC) promotes children's mental health and prevents intergenerational issues by identifying resources and solutions for families and professionals. Mental Health Europe led the Monitoring & Evaluation and Communication work. In 2024, it finalised the Dissemination, Engagement, and Sustainability Plan and ensured effective stakeholder involvement. National and local events across partner countries raised awareness, while ongoing monitoring ensured the project stayed aligned with its goals.



YOUTH LEADERS FOR CHANGE

Started in January 2024

mentalhealtheurope.org/project/youth-leadership-programme

The YOUTH LEADERS FOR CHANGE project, in collaboration with the Rare Impact Fund, aims to empower young leaders to advocate for mental health support and challenge stigma in education and care settings. In 2024, Mental Health Europe exceeded its goal by forming a group of 20 youth leaders from 12 European countries. They received training on non-stigmatising language, communication, advocacy, and co-creation. These activities strengthened their ability to lead change in their communities and within Mental Health Europe's broader work with a youth perspective.



MENTALITY

Started in February 2023:

mentalhealtheurope.org/project/mentality-2

MENTALITY adapts and transfers mental health practices to diverse groups including children, care workers, and migrants. Mental Health Europe ensured strong project management and led awareness campaigns and policy advocacy. In 2024, four key resources were adapted, including the Teacher Crisis Guide and Map of Support. Communication efforts engaged stakeholders through various channels, while evaluation combined qualitative and quantitative tools. The project ended in early 2025, with strong foundations for sustainability and scale-up.

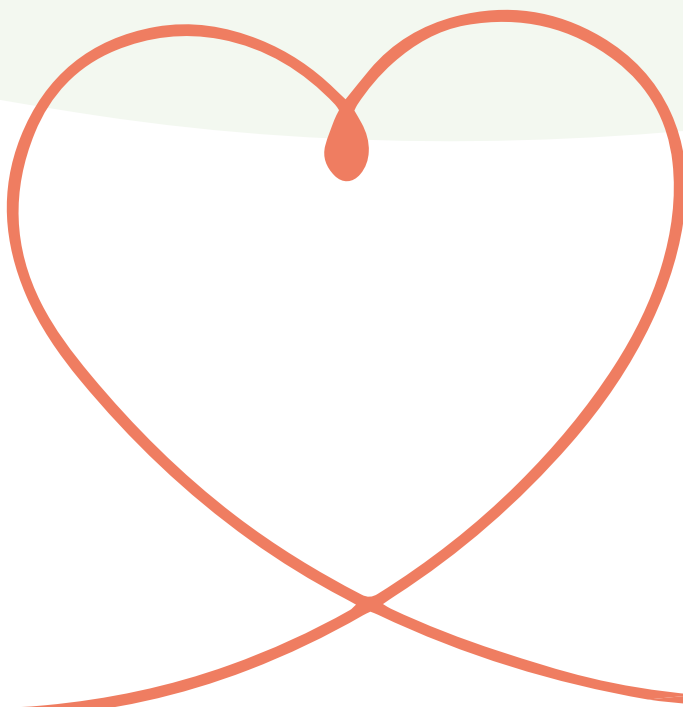


MH_UKR

Started in January 2023:

mentalhealtheurope.org/project/response-to-mental-health-impact-of-ukraine-crisis-mh_ukr

MH_UKR supported mental health responses to the Ukraine crisis. By the end of 2024, Mental Health Europe had delivered training for professionals and organised inclusion activities for refugees. These targeted PTSD, depression, and stigma. Partners facilitated education, peer support, and empowerment initiatives. We created Media Guidelines to promote responsible reporting on the mental health impacts of the war, ensuring informed, respectful coverage across Europe.



6. WHO WE ARE & HOW WE WORK

MEET THE 2024 BOARD (appointed in June 2024):

Meet the Board Members who support the work of Mental Health Europe Brussels Team with passion and commitment.



Andrej Vršansky

President, CEO of League for Mental Health Slovakia



Karilé Levickaitė

Vice President, Director of Mental Health Perspectives, Lithuania



Jochen Van den Steen

Treasurer, Board Member of Hand in Hand, Belgium



Lisa Cuthbert

Board Member, CEO of Mental Health Ireland



Dominique de Marné

Board Member, CEO of Mental Health Crowd GmbH, Germany



Maria Maunz-Ranacher

Board Member, Director of Pro mente Austria



Pino Pini

Board Member, Associazione Italiana per la Salute Mentale (AISME), Italy



Sabien Raams

Board Member, President of Dutch International Mental Health Hub (GGZ Nederland)



Sanna Vesikansa

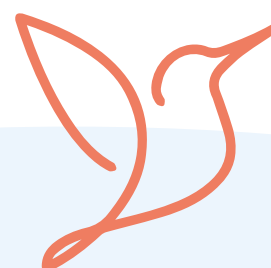
Board Member, Director of Crises Services at MIELI Mental Health Finland

Thanks to the former Board members:

Stefaan Baeten

Paul Bomke

Wieteke Beernink



MEET THE STAFF (2024)

A team of dedicated professionals committed to the promotion of positive mental health and wellbeing in Europe.



Claudia Marinetti
Director



Liuska Sanna
Head of Operations



Elona Bokshi
Programme Manager



Camille Roux
Senior Policy Officer



Fatima Awil
Policy & Knowledge Officer



Francesca Centola
Policy & Knowledge Officer



Jackie Mellese
Engagement and partnership



Alexandra Latham
Communications Manager



Marcel Marchetti
Communications Officer



Joseph O'Sullivan
Communications Officer



Emanuela Del Savio
Project Officer

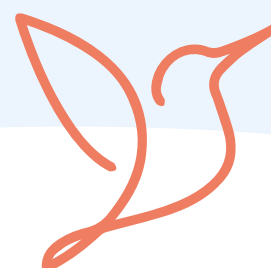


Vanda Bajs
Junior Project Officer



Rodica Berdila
Administration & Finance Officer

For more information
about our Team, [click here](#).



MEET THE SENIOR POLICY ADVISORS

Our Senior Policy Advisors are of invaluable support. Their role is to support the work of Mental Health Europe in specific policy areas.



Gabor Petri
DI and Inclusion



Catherine Brogan
Co-Creation



Kristijan Grđan
Human Rights

MEET THE HONORARY ADVISORS

Our Honorary Advisors offer support to our work thanks to the breadth and the depth of their knowledge on the functioning of Mental Health Europe throughout its long-standing history.



Bob Grove



Nigel Henderson



MEMBERSHIP

In 2024, we proudly represented **72** member organisations from **29** European countries. We would not be able to accomplish what we do without the strong support and participation of our members. Our diverse membership encompasses associations and individuals in the field of mental health, including people with mental health problems and psychosocial disabilities, their supporters, professionals, service providers, academia and advocates.



72

member organisations



29

European countries

MEET THE COMMITTEES AND TASKFORCES

Mental Health Europe Committees and Taskforces support our office on specific issues related to mental health, including human rights, policy, youth, communications and governance.

The Committees support Brussels office's work on a regular, permanent basis. Taskforces have a temporary character and deal with specific topics, limited in time, scope and depending on the needs.

STANDING COMMITTEES



Membership & Accreditation



Finances



Human Rights

TASKFORCES



**Psychosocial Approach
Expert Group**



Social Policy



Migration



Youth



Communications



Co-creation



Human Rights

OUR MEMBERS

ALBANIA

Foundation Together Albania	▶ togetheralbania.org
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AUSTRIA

Pro Mente Austria	▶ promenteaustria.at
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RED NOSES International	▶ rednoses.org
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BELGIUM

Familles du Monde	▶ famillesdumonde.eu
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Hand in Hand	▶ ipso-gent.be
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Huis Perrekes	▶ perrekes.be
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Psyche	▶ psyche.be
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Solentra	▶ solentra.be
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UNESSA	▶ unessa.be
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Zorgnet-Icuro:	▶ zorgneticuro.be
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BULGARIA

KOJA/SKIN	▶ koja-bg.org
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CROATIA

Susret – Association for Psychological Support	▶ udruga-susret.hr
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CZECH REPUBLIC

FOKUS CR	▶ fokus-cr.cz
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ESTONIA

Estonian Mental Health Association	▶ peaasi.ee
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EUROPEAN ORGANISATIONS

ADHD Europe	▶ adhdeurope.eu
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Club House Europe	▶ clubhouse-europe.com
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European Organisation for Rare Diseases (EURORDIS)	▶ eurordis.org
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Horatio – European Psychiatric Nurses	▶ horatio-eu.com
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MèTiS Europe	▶ metis-europe.eu
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SMES-Europa aisbl	▶ smes-europa.org
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FINLAND

Finnish Central Association for Mental Health (MTKL) ▶ finfamiuusimaa.fi

Mieli – Mental Health Finland ▶ mieli.fi

FRANCE

Advocacy France ▶ advocacy.fr

GERMANY

Bundespsychotherapeutenkammer (BPtK) ▶ bptk.de

Bundeszentrale für Gesundheitliche Aufklärung (BZgA) ▶ bzga.de

Dachverband Gemeindepsychiatrie ▶ dvgp.org

Irrsinnig Menschlich e.V. (Madly Human) ▶ irrsinnig-menschlich.de

Landesnetzwerk Selbsthilfe seelische Gesundheit e.V. ▶ netzg.org

Mental Health Crowd ▶ mentalhealthcrowd.de

Pfalzkrankenhaus – AdoeR ▶ pfalzkrankenhaus.de

GREECE

ARGO Federation ▶ argonauts.gr

EMPSYCHOSIS ▶ empsychosis.com

EPIONI ▶ epioni.gr

Mental Health Institute for Children and Adults (M.H.I.C.A.) ▶ inpsy.gr

Society of Social Psychiatry P. Sakellariopoulos ▶ ekpse.gr

HUNGARY

Mental Health Interest Forum (PEF) ▶ pef.hu

ICELAND

Icelandic Mental Health Alliance – Geðhjálp ▶ gedhjalp.is

Kara Connect ▶ karaconnect.com

IRELAND

Mental Health Ireland ▶ mentalhealthireland.ie

Mental Health Reform ▶ mentalhealthreform.ie

ISRAEL

Makshivim Net ▶ makshivim.net

ITALY

Associazione Italiana per la Salute Mentale (AISME)	▶ aisme.info
Comunità di Venezia	▶ comunitadivenezia.it
Diritti alla Follia	▶ dirittiallafollia.it
Tages Onlus	▶ tagesonlus.org

LITHUANIA

Mental Health Perspectives	▶ perspektyvos.org
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THE NETHERLANDS

CAReNetwork	▶ thecare-network.com
European Assertive Outreach Foundation (EAOF)	▶ eaof.org
GGZ Nederland	▶ ggznederland.nl
Mind NL	▶ wijzijnmind.nl

POLAND

Human Foundation	▶ humandoc.pl
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ROMANIA

ESTUAR	▶ estuar.org
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SERBIA

Psychosocial Innovation Network	▶ psychosocialinnovation.net
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SLOVAKIA

INTEGRA:	▶ integradz.sk
League for Mental Health in Slovakia	▶ dusevnezdravie.sk
Open the Doors Open Your Heart (ODOS)	▶ odos-sk.com

SPAIN

Andalusian School of Public Health	▶ easp.es
Asociación Española de Enfermería en Salud Mental	▶ aeesme.org
Asociación Española de Neuropsiquiatría (AEN)	▶ aen.es
Confederación Salud Mental España	▶ consaludmental.org
Drissa Private Foundation	▶ fundaciodrissa.com
Fundación Mundo Bipolar	▶ ibpf.org
Fundació Support-Girona	▶ supportgirona.cat
Plataforma Entidades Para la Promoción e Integración	▶ redisem.es

SWEDEN

Mind Sweden

► mind.se

SWITZERLAND

EMDR Europe Association

► emdr-europe.org

OST-Eastern University of Applied Science –
Competence Center for Mental Health

► ost.ch

TÜRKIYE

İyi Sosyal Kooperatif / WELL(being) Social Cooperative

► iyikooperatif.org

UKRAINE

National Psychological Association of Ukraine

► npa-ua.org

UNITED KINGDOM

Badiliko

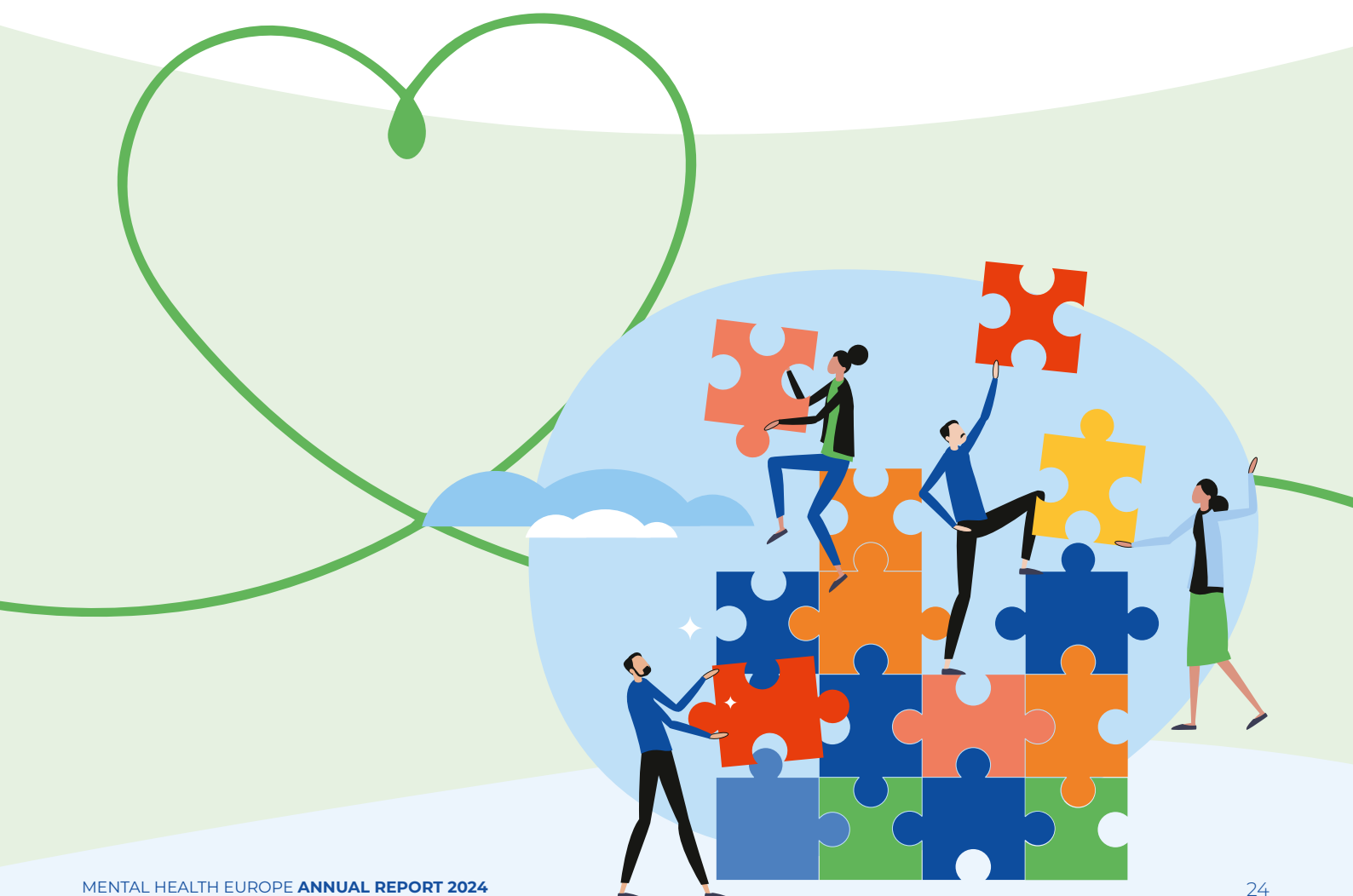
► badiliko.com

Euro Youth Mental Health (EYMH)

► eymh.org

Penumbra

► penumbra.org.uk



PARTNERS

Mental Health Europe collaborates closely with European Institutions and international bodies to elevate mental health at the heart of EU policymaking. In partnership with our members, Mental Health Europe formulates policy recommendations aimed at fostering mental health-friendly policies.

Mental Health Europe places users of mental health services at the centre of its work to ensure the voice of people who experience mental health challenges is heard across Europe.

EUROPEAN COMMISSION

Collaborating with the European Commission is central to Mental Health Europe's work. This collaborative effort includes active engagement in various civil dialogues, providing input in response to publication consultations and participation in European conferences and forums. Mental Health Europe is also a member of the EU Disability Platform. Additionally, Mental Health Europe readily shares expertise and insights on mental health policy with the EU Commission whenever the need arises.



EUROPEAN PARLIAMENT

Mental Health Europe works closely with the European Parliament and its Members. In 2024, we supported the creation of the Intergroup on Mental Health.



WORLD HEALTH ORGANIZATION

Mental Health Europe has been granted accreditation as a formal Non-State Actor by the WHO Regional Committee for Europe. We are actively contributing to the WHO Pan-European Coalition for Mental Health. We are also proud to have our work integrated into the WHO Quality Rights initiative, focusing on human rights and mental health. Some of Mental Health Europe's materials are utilised for the training of healthcare professionals in this crucial area.



UNITED NATIONS

Mental Health Europe diligently oversees the EU's adherence to the UN Convention on the Rights of Persons with Disabilities, with particular attention this year directed toward developing a framework to assess recovery in mental health against the rights of the UN CRPD.



EUROPEAN ORGANISATIONS

Mental Health Europe maintains strong ties with various European organisations engaged in health, disability, and social affairs. As part of these connections, Mental Health Europe is a member of the following European organisations:



European Disability
Forum



European Patients
Forum



European Public
Health Alliance



Social
Platform

OUR COALITION & ALLIANCES

EUROPEAN EXPERT GROUP ON TRANSITION FROM INSTITUTIONAL TO COMMUNITY-BASED CARE (EEG)

Mental Health Europe is co-chairing the European Expert Group on Transition from Institutional to Community-based Care (EEG), collaborating alongside 12 other organisations to champion the cause of deinstitutionalisation and the transition toward community-based care across Europe.

deinstitutionalisation.com

#EEGCommunity

EU ALLIANCE FOR INVESTING IN CHILDREN

The EU Alliance for Investing in Children unites more than 20 European networks, all deeply dedicated to eradicating child poverty and enhancing the well-being of children throughout Europe. The Alliance's partners believe that the EU's policy framework and funding options have the potential to inspire political dedication and drive policy reform within individual Member States, ultimately enhancing the quality of life for children and youth across Europe.

alliance4investinginchildren.eu

#InvestingInChildren



EU Alliance for
**investing
in children**

EU4HEALTH CIVIL SOCIETY ALLIANCE

The EU4Health Civil Society Alliance brings together organisations that share the vision of a Europe where all people are as healthy as they can be throughout their lives. It is largest (independent) NGO coalition in EU health policy.

eu4health.eu

EU4health
Civil Society Alliance

ENDSTRESS PLATFORM

EndStress is a campaign initiated by Eurocadres, the trade union voice of almost six million professionals and managers, and the European Trade Union Confederation (ETUC). Through [EndStress.eu](https://endstress.eu), we work with our 50 platform members to voice the interests of European workers through social dialogue, advocacy and lobbying as well as through our networks, joint work with member organisations and cooperation with partners.

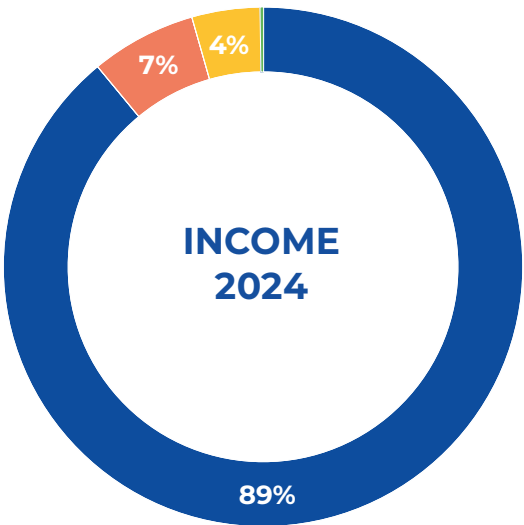
endstress.eu



7. OUR FINANCES IN 2024

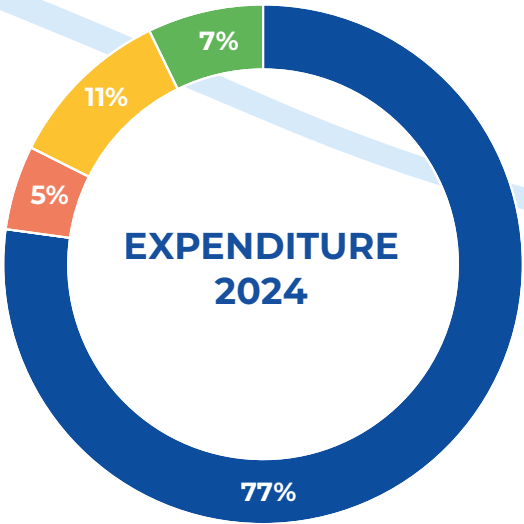
INCOME 2024

Grants	955 355,88
Membership fees	70 525,99
Donations	45 688,20
Other income	1 782,52
Total:	1 073 353

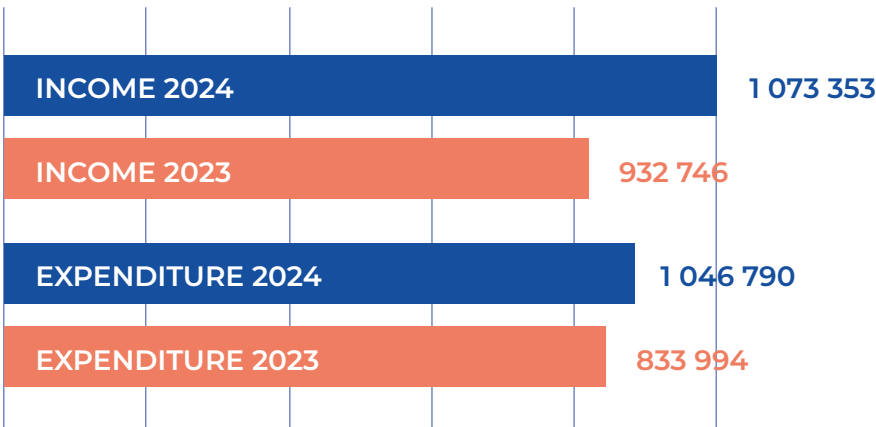


EXPENDITURE 2024

Personnel	807 715
Administration	55 030
External services	108 560
Activities	75 486
Total:	1 046 790



YEARLY COMPARISON



8. ACKNOWLEDGEMENTS

We extend our heartfelt gratitude to all our supporters, who enable us to make a difference in the realm of mental health in Europe. On behalf of everyone at Mental Health Europe, thank you for your invaluable support!



European
Commission



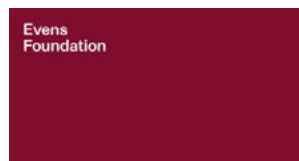
KAO (UK) Limited



TOYOTA



ABOVO MAXLEAD



Evens Foundation



rare impact fund



European Philanthropic
Initiative for Migration



Moleskine Foundation



Forward 3D



**Mental
Health
Europe**

Equal rights.
Better mental health.
For all.

**THIS IS A UNIQUE MOMENT
FOR MENTAL HEALTH,
AND FOR MENTAL HEALTH EUROPE.**

Join us in making an impact
for human rights-based
and recovery oriented
mental health systems
of the future!

Mental Health Europe
Rue de la Presse 4,
1000 Brussels, Belgium

mentalhealtheurope.org



Co-funded by the European Union

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