



**Mental  
Health  
Europe**

Equal rights.  
Better mental health.  
For all.

# ANNUAL REPORT 2025



Co-funded by  
the European Union

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# About Mental Health Europe



## Who are we?

Mental Health Europe is the leading independent European network working to protect the rights of people with psychosocial disabilities and mental health difficulties, promote positive mental health, prevent distress, and build more inclusive mental health systems across Europe.

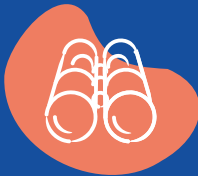
## Mission

A Europe where mental health is valued, and everyone can live well and thrive in supportive, inclusive communities.



## Vision

Mental Health Europe works to strengthen the capacity of people, policymakers and communities to develop inclusive, rights-based policies and services that promote mental health, psychosocial wellbeing and recovery.



## Our Belief

We believe mental health is a human right and that every person deserves dignity, connection and belonging. Good mental health flourishes when people feel safe, valued and included, and when our social, economic and relational environments allow each of us to live well and thrive together. Everyone should have the freedom and support to shape their own recovery, with access to diverse options that respect choice and autonomy.



# Foreword

## **2025 has been a year of transition, consolidation and renewed ambition for Mental Health Europe.**

As we mark 40 years of collective action, we are reminded that our work has never been more relevant. Across Europe, people are navigating profound uncertainty caused by geopolitical tensions, economic pressures, rapid technological change and widening inequalities. These realities are deeply felt in people's daily lives and in their mental health. They also show us that mental health must be at the forefront of policymaking across all areas.

## **This year, Mental Health Europe has continued to push for that shift.**

We strengthened our role at EU level, including by taking on the co-secretariat of the European Parliament Intergroup on Mental Health. This has provided an important platform to bring mental health into political debate in a more structured and sustained way, connecting policymakers with civil society, experts and people with lived experience. Alongside this, the launch of the European Mental Health Policy Hub has helped build a stronger, more coordinated civil society voice to influence the future EU agenda.

2025 also marked an important moment of renewal within our organisation. With the transition in leadership, we have taken the opportunity to reflect, discuss and set a clear direction for the years ahead. Our new organisational strategy, alongside a renewed membership strategy, sets out our core priorities: embedding a psychosocial and human rights-based approach, strengthening co-creation and lived experience leadership, and ensuring that mental health is integrated across all relevant policy areas. These strategies represent commitments to how we work and who we work with in the coming years.

A key area of growth in 2025 has been our work on digitalisation and artificial intelligence. The publication of our report on AI in mental health marked an important step in informing the debate. As digital technologies increasingly influence our lives and access to support, we have been clear that innovation must go hand in hand with rights, accountability and safety. Our work has highlighted both the risks and the opportunities, calling for strong regulatory frameworks and a human-centred approach that protects and promotes mental wellbeing.

This focus on young people and the digital environment was further strengthened through the launch of our Young Leaders programme, supported by the Rare Impact Fund. By empowering young people to lead the conversation and advocate for change, the programme reflects our commitment to co-creation and long-term impact. We also entered into a new impact partnership with Pinterest, aimed at improving digital wellbeing and promoting safer, more supportive online spaces for young people. These initiatives signal an important step in engaging constructively with digital platforms, while continuing to advocate for their accountability.

Throughout the year, we have continued to invest in co-creation as a core way of working. Our "co-creation in action" initiatives have brought together policymakers, practitioners and people with lived experience to develop responses to complex challenges, from youth mental health in the digital world to gender and mental health. This approach is essential if we are to move beyond rhetoric and build solutions that are grounded in real experiences and needs.

We have also continued to contribute to meaningful change through our projects and partnerships. In 2025, we were proud to sign a new three-year Framework Partnership Agreement under the European Commission's Citizens, Equality, Rights and Values programme, ensuring stability, continuity and innovation of our work. At the same time, our engagement in Horizon Europe and EU4Health projects has allowed us to connect policy, practice and research in new ways. As the "Let's Talk About Children" project moved towards its conclusion, it stood as a powerful example of how early, family-focused, strengths-based approaches can support children's mental health and prevent intergenerational challenges.

None of this work would be possible without our members, partners and supporters. Our growing and diverse membership continues to be at the heart of Mental Health Europe, bringing expertise, experience and commitment that informs everything we do. We are equally grateful for the continued support of the European Commission and other partners and donors who enable us to carry this work forward.

Looking ahead, the challenges remain significant and urgent. There is increasing recognition that mental health is not a niche issue, but a fundamental component of resilient societies, inclusive economies and democratic systems.

**Together, we will continue to push for a Europe where mental health is prioritised, where rights are upheld, and where everyone has the support and opportunities to live well and thrive.**



**Kadri Soova**  
Director



**Andrej Vršansky**  
President of the Board

# Year in Review



Jan

▶ Mental Health Europe Director, **Claudia Marinetti**, announces departure

Feb

- ▶ Release of **AI in Mental Healthcare** report
- ▶ European Parliament holds **debate on Youth and mental health**
- ▶ Mental Health Europe becomes **co-secretariat** of the European Parliament **Intergroup on Mental Health**
- ▶ European Commission announces **withdrawal from the Equal Treatment Directive**



Mar

▶ **Alternative report on UNCRPD implementation**

▶ visit to Geneva by **Kristijan Grđan**, Mental Health Europe Senior Advisor on Human Rights

Apr

- ▶ 1<sup>st</sup> Co-Creation in Action Event – **Youth & Digital**
- ▶ **Francesca Centola** (Policy & Knowledge Officer) leaves MHE
- ▶ 1<sup>st</sup> Official meeting of the European Parliament **Intergroup on Mental Health** in Strasbourg



May

▶ **Kadri Soova** starts as new **Director of Mental Health Europe**

▶ 6<sup>th</sup> **European Mental Health Week** - Care for mental health, invest in social rights

▶ 1<sup>st</sup> public event of the European Parliament **Intergroup on Mental Health**

▶ **Kick off meeting** of the EU Mental Health Policy Hub

Jun

- ▶ 2025 Mental Health Europe **General Assembly** in Brussels
- ▶ **Fatima Awil** (Policy & Knowledge Officer) leaves MHE
- ▶ **Nabil Sanullah** joins as Communications Manager



Jul

▶ European Commission decides to **keep the Equal Treatment Directive**

Sept

- ▶ Senior Advisor, **Kristijan Grđan**, speaks to the Parliamentary Assembly of the CoE on the **mental health impact of hate speech & discrimination**
- ▶ **Ann-Katrin Orr** & **Rayan Temara** join the MHE team as Policy Officers



Oct

▶ **World Mental Health Day**

▶ 2<sup>nd</sup> public event of the European Parliament **Intergroup on Mental Health**

Nov

- ▶ 2<sup>nd</sup> Co-creation in action **Gender and Mental Health**
- ▶ Danish Presidency **Conference on Independent Living**



Dec

▶ **European Days of Persons With Disabilities**

▶ Anniversary Event

▶ **Romain Libaud** (Communications Officer) leaves MHE

# Year in numbers

**115**

full, supporting,  
and individual members

**30**

European countries  
represented

**26**

new members this year  
**8 organisations**  
**18 individual members**

**2**

Studies published  
**1 Report on Gender  
& Mental Health**  
**1 Policy Brief on Mental  
Health and Social Rights**

**11**

Joint Statements

**3.5k+**

newsletters readers

**28.721**

followers across social media  
platforms

**40.000**

Website visitors

**32.221**

unique viewers on the website



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# Priorities 2025

Our specific objectives and impact indicators for 2025 include actions to:

## Celebrating 40 years of Mental Health Europe

In 2025, Mental Health Europe marked four decades of advocacy, innovation, and unwavering commitment to advancing mental health as a fundamental human right. Since 1985, we have championed a psychosocial approach, challenging stigma, and promoting policies that prioritise dignity, inclusion, and community-based support.

This milestone is not just a celebration of our past achievements but a reaffirmation of our mission to ensure that mental health is recognised, protected, and fulfilled across Europe. Over the past 40 years, we have worked tirelessly to shift narratives away from biomedical reductionism and towards a rights-based framework that centres lived experience and social justice.

This anniversary year provided us an opportunity to reflect on progress while confronting persistent challenges. From influencing EU policy to amplifying the voices of those with lived experience, our work has consistently pushed for systemic change.

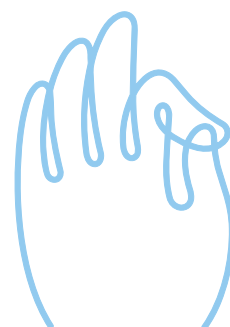
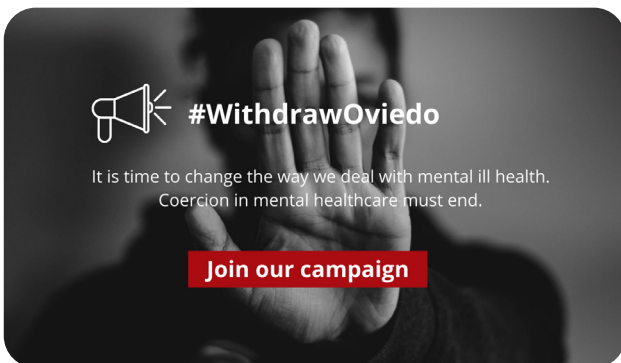


## A human rights-based approach to mental health

Throughout 2025, the #WithdrawOviedo campaign focused on preventing the adoption of the draft Additional Protocol to the Oviedo Convention and promoting a rights-based, non-coercive approach to mental healthcare grounded in respect for autonomy. As the suspension on the Protocol ended, the campaign mobilised early around key institutional moments within the Council of Europe, responding to the completion of the CDBIO Recommendation on autonomy in mental healthcare and the reopening of political decision-making. Civil society organisations coordinated open letters, including strong interventions from the UN Committee on the Rights of Persons with Disabilities, and called on members and partners to engage national ministers and permanent representations. When the draft Protocol was transmitted to the Parliamentary Assembly of the Council of Europe (PACE), the campaign shifted to targeted advocacy toward parliamentarians, urging a negative opinion and explicit support for the Recommendation on autonomy.

Over the year, Mental Health Europe, EDF and partners sustained coordinated advocacy through direct outreach to more than 14 national PACE delegations, engagement with the EU delegation, participation in hearings, and dissemination of joint civil society statements. These efforts culminated in a major milestone in December 2025, when the PACE Committee on Social Affairs, Health and Sustainable Development unanimously adopted a negative opinion on the draft Additional Protocol, aligning with CRPD standards and the campaign's core demands. While the final decision now rests with the Committee of Ministers in 2026, the 2025 campaign significantly increased political pressure, strengthened alliances, and reinforced a clear human rights narrative against coercion in mental healthcare, marking a decisive step forward after more than a decade of advocacy.

Mental Health Europe participated the 2<sup>nd</sup> Periodic review of the European Union by the UN Committee on the Rights of Persons with Disabilities. We submitted and published an alternative report which then served as basis for the intervention of our delegate Mr Kristijan Grdjan at the meeting of the committee in Geneva. Thanks to these interventions, there were several mentions of the rights persons with psychosocial disabilities in the Concluding Observations.



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## The Psychosocial model to mental health / Accessible, high-quality, recovery-oriented mental health services in the community

In 2025, Mental Health Europe advanced the psychosocial model and accessible, high-quality, recovery-oriented mental health services in the community by co-leading the establishment of the European Parliament Intergroup on Mental Health. Appointed as co-secretariat in early 2025, the organisation shaped the Intergroup's operational foundations. We also developed governance tools and organised the Intergroup's first public event during European Mental Health Week, fostering dialogue among MEPs, civil society, experts by experience, and stakeholders on social rights, equality, and community-based support. Throughout the year, we strengthened cross-sectoral engagement within the European Parliament, laying the groundwork for mainstreaming mental health in EU policymaking.

To ensure that the momentum from the European Parliament was matched by a strong mobilisation from the European Civil Society side, Mental Health Europe launched the European Mental Health Hub in May 2025. The Hub aims to bring together civil society organisations working at the EU level with an interest in advancing the mental health agenda following a psychosocial approach. This unique configuration brings together organisations working on public health, social policy and equality issues to shape the future of the EU mental health agenda in an inclusive and impactful way.

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## Youth mental health & the digital world

2025 work at Mental Health Europe exposed the dual role of digital technology in shaping young people's mental health, both as a tool for connection and a source of risk. Through the Youth Leadership Programme we mobilised youth leaders to challenge stigma and advocate for rights-based change, recognising their voices as essential to reshaping mental health policies and care systems. Meanwhile, the Co-Creation in Action event on 23 April gathered a diverse coalition to confront the regulatory gaps in digital spaces, arguing that superficial fixes like digital literacy or supportive offline environments fall short without addressing the core issues. The event called for human rights to be embedded by default in platform design, with Big Tech held accountable for harmful content and algorithmic bias through robust

regulation and enforcement. The result of the co-creation in action workshop was then translated into an event report.



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## Co-creation with experts by experience, their supporters, service providers and other actors

In 2025 we continued to place a great deal of importance on the inclusion of all people concerned, piloting the 'co-creation in action' workshops in 2025, with two sessions being organised. The first workshop (in-person) on 23 April engaged national authorities and non-member organisations, offering direct policy and advocacy support with a focus on youth policy. Participation from young leaders in MHE's programme was prioritised.

The workshop (online) on 13 November expanded engagement, enabling members and stakeholders from EU and national levels to discuss gender and mental health. Building on these pilots, MHE will continue co-creation in action workshops in 2026, transitioning from a pilot initiative to a recurring tool in its operational approach.

## Mental health-related stigma and discrimination

In 2025 the Mental Health Glossary, including Greek and Lithuanian translations, were further distributed, advancing empowering and destigmatised language. We delivered training sessions on the glossary to diverse audiences, including Mental Health Europe staff and Youth Leaders. We produced two educational videos on stigma and mental health to inform and challenge misconceptions among general audiences.



## Sustainability and impact

Mental Health Europe maintained its role as a key expert in European policymaking, promoting psychosocial and human rights-based approaches to mental health. Strategic partnerships remained central, with ongoing collaboration on initiatives such as the WHO Europe roadmap for integrating lived experience into mental health systems.

In 2025, membership grew further, adding 9 new members, strengthening geographic and lived experience representation.

Financial sustainability improved through renewed funding from such sources as the Rare Impact Fund. Additionally, Mental Health Europe secured its next 3 year Core grant funding from the European Commission CERV Programme.

To ensure long-term stability, the organisation focused on diversifying income streams, strengthening donor relationships, and exploring new funding opportunities. Strategic planning ensured alignment between financial resources and programme goals, supporting scalable and impactful initiatives.



**Mental Health Europe**

## Communications & awareness raising

In 2025, Mental Health Europe reinforced its commitment to communication and awareness-raising as central pillars of its mission. Our work continued to focus on shifting public discourse away from biomedical reductionism and towards a rights-based, psychosocial understanding of mental health. By leveraging strategic communication, we aimed to challenge stigma, promote inclusive narratives, and ensure mental health remains a visible priority across Europe.

Building on the momentum of previous years, we expanded our digital presence and refined our outreach strategies. Our efforts included targeted campaigns during the 6th European Mental Health Week, which emphasised the intersection of mental health and social policies, and the European Parliament Intergroup event, "A Generation's Wellbeing: From Rights to Action in Youth Mental Health," which took place around World Mental Health Day in October. These initiatives brought together policymakers, advocates, and communities to address systemic barriers and advance social rights. Additionally, our 40th-anniversary celebrations provided a platform to reflect on our legacy while amplifying our call for structural change.

Our communication strategy remained values-driven and intersectional, ensuring we centered in our messaging marginalised voices - including young people, racialised groups, LGBTQ+ communities, and individuals with lived experience. We utilised social media, newsletters, podcasts, and press outreach to grow our audience by over 5,000 followers and generate nearly 280,000 impressions. The Mental Health Europe Glossary was further expanded, with translations into Greek and Lithuanian, reinforcing our dedication to accessible, empowering language. Through transparency, accountability, and alignment with the UN CRPD, our 2025 efforts solidified Mental Health Europe's role as a leader in rights-based mental health advocacy.



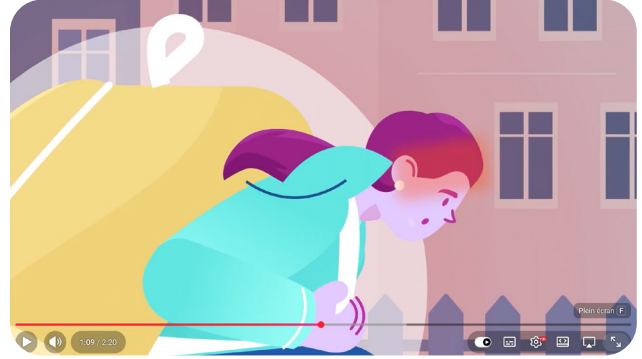
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## European Mental Health Week 2025

The sixth edition of [European Mental Health Week](#) centred on the theme “Care for Mental Health, Invest in Social Rights.” This year’s campaign underscored the urgent need to address the social determinants of mental health, advocating for policies that foster equity, access, and community well-being. The week featured a policy brief, “[Using the European Pillar of Social Rights as a Tool Towards Mentally Healthy and Strong Societies](#),” which called for a shift from individualised blame to collective responsibility in mental health.

A high-level event took place at the European Parliament, co-hosted with the newly re-established Intergroup on Mental Health. Co-chaired by MEPs Maria Walsh, Tilly Metz, Alex Saliba, and Jana Toom, amplifying the call for social rights as a foundation for mental health.

Complementing the event, a video titled “[Lighten the Load](#)” explored how structural support systems can reduce individual burdens. The week also saw 22 member-led events and 9,701 visits to the campaign page, demonstrating its pan-European reach and impact.



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## Beyond the label

The beyond the label series on YouTube has proven an immense success for Mental Health Europe garnering nearly 19.000 views across all videos. Intended to guide and help young people with various mental health topics, the series provided expertise from Mental Health Europe’s knowledge base and external partners. The top trending video, “[Understanding Psychiatric Diagnosis](#)”, guides viewers through what psychiatric diagnosis is, what they can expect should they receive one, and what their rights are.



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## Empowering Minds

Mental Health Europe released two new episodes of its podcast series ‘*Empowering Minds*’. The first, titled ‘[The art of clowning, empowerment, and mental health](#)’, explored the work of [Red Noses International](#) and its intersection with mental health. The second episode focused on ‘[Data, Digital Rights & Mental Health](#)’ in an interview with Mental Health Europe’s policy officer Rayan Temara.



# Project work

## Advance

► [advancementalhealth.ku.dk](http://advancementalhealth.ku.dk)

**Started in July 2023 – Ending June 2028:**

ADVANCE seeks to improve mental health promotion and prevention for vulnerable populations across Europe, addressing challenges like climate change, digitalisation, and migration. Mental Health Europe leads the co-creation process, supporting national teams in working with Society Advisory Groups to ensure diverse perspectives.



## Well-Care

► [wellcare-project.eu](http://wellcare-project.eu)

**Started in January 2024 – Ending December 2027**

WELL-CARE supports informal carers and long-term care workers by strengthening policy and practice across Europe. Mental Health Europe leads the policy analysis and recommendations component (WP4). In 2025, Mental Health Europe conducted the work on consultations, evidence gathering, and eventual development of Country profiles across five countries. These will cover national contexts, key challenges, and promising practices.



## EU-Promens

► [eu-promens.eu/eu-promens](http://eu-promens.eu/eu-promens)

**Started in January 2024 – Ending January 2027:**

EU-PROMENS strengthens the capacity of health professionals in mental health through training and exchange programmes. In 2025, Mental Health Europe continued to provide support to the ongoing operations of the project and its ongoing exchange visits.



## Co-Captain

► [cocaptain.eu](http://cocaptain.eu)

**Started in June 2023 – Ending May 2026:**

CO-CAPTAIN focuses on reducing disparities in cancer prevention for people with mental health problems. In 2025 the consortium continued to publish studies, piloting the project, and organising events. The project will draw to a close in 2026.



## Let's Talk About Children

► [letstalk.utu.fi](http://letstalk.utu.fi)

**Started in February 2023 – Ending January 2026**

Let's Talk About Children (LTC) promotes children's mental health and helps prevent intergenerational challenges by supporting families and professionals to identify strengths and respond early to emerging needs.

In 2025, Mental Health Europe led Monitoring & Evaluation and Communication & Dissemination, combining quantitative and qualitative data from stakeholders to coordinate analysis, capture context-specific experiences and contribute to the final European seminar and policy alignment, consolidating evidence to strengthen sustainability and visibility across Europe.



## Youth Leadership Programme

► [mentalhealtheurope.org/project/youth-leadership-programme](https://mentalhealtheurope.org/project/youth-leadership-programme)

**Started in January 2024 – Ending December 2026:**

The Youth Leadership Programme, in collaboration with the Rare Impact Fund, aims to empower young leaders to advocate for mental health support and challenge stigma in education and care settings. In 2025 the youth leaders, under the supervision of Mental Health Europe, conducted research on the creation of 10 information sheets providing information on the status of mental health care in various countries.



## Mentality

► [mentalhealtheurope.org/project/mentality-2](https://mentalhealtheurope.org/project/mentality-2)

**Started in February 2023 – Ended February 2025**

MENTALITY aimed to adapt and transfer mental health practices to diverse population groups across Europe, particularly focusing on people seeking support, children, care workers and migrants.

As project coordinator, Mental Health Europe managed the project, led awareness-raising and policy engagement, organised the final conference to highlight implementation experiences and end-user perspectives, contributed to policy recommendations with partners, consolidated training materials and reporting, and strengthened visibility and uptake across Europe.



## Sonar-Cities

► [mentalhealtheurope.org/project/sonar-cities](https://mentalhealtheurope.org/project/sonar-cities)

**Started December 2024 – Ending November 2027**

Sonar-Cities is funded under Horizon Europe's Disaster-Resilient Societies cluster. The project aims to strengthen the resilience of European cities in the face of health emergencies and disasters by promoting the inclusion of marginalised and at-risk populations in preparedness and response efforts. Through the co-development of tools with communities, frontline responders and local authorities, the initiative seeks to mitigate both the immediate and long-term health impacts of such crises.

In 2025, Mental Health Europe, as co-lead of WP3, established the methodological and operational foundations of the co-creation phase across six cities, organised co-creation training in Brussels, developed participatory guidelines and tools, coordinated stakeholder board profiles, and advanced towards implementing inclusive preparedness and response tools.



# Who we are

## Board



**Andrej Vršansky**

President, CEO of League for Mental Health Slovakia



**Karilė Levickaitė**

Vice President, Director of Mental Health Perspectives, Lithuania



**Jochen Van den Steen**

Treasurer, Board Member of Hand in Hand, Belgium



**Lisa Cuthbert**

Board Member, CEO of Mental Health Ireland



**Dominique de Marné**

Board Member, CEO of Mental Health Crowd GmbH, Germany



**Maria Maunz-Ranacher**

Board Member, Director of Pro mente Austria



**Pino Pini**

Board Member, Associazione Italiana per la Salute Mentale (AISME), Italy



**Sabien Raams**

Board Member, President of Dutch International Mental Health Hub (GGZ Nederland)



**Sanna Vesikansa**

Board Member, Director of Crises Services at MIELI Mental Health Finland

## Staff



**Kadri Soova**  
Director



**Liuska Sanna**  
Head of Operations



**Elona Bokshi**  
Programme manager



**Camille Roux**  
Policy manager



**Ann-Katrin Orr**  
Policy officer



**Rayan Temara**  
Policy officer



**Jackie Mellese**  
Engagement & Partnerships



**Nabil Sanaullah**  
Communications manager



**Joseph O'Sullivan**  
Communications officer



**Romain Libaud**  
Communications officer



**Emanuela Del Savio**  
Project Officer



**Gumru Aliyeva**  
Project Officer

## Special thanks to outgoing staff:



**Claudia Marinetti**  
Director



**Fatima Awil**  
Policy & knowledge officer



**Francesca Centola**  
Policy & knowledge officer



**Una Carney**  
Interim communications manager



**Marcel Marchetti**  
Communications officer



**Ana Luiza Hannotte**  
Junior project officer

## Senior Policy advisors



**Gabor Petri**  
DI and Inclusion



**Catherine Brogan**  
Co-Creation



**Kristijan Grđan**  
Human Rights

## Honorary advisors



**Bob Grove**



**Nigel Henderson**

# Our Membership

In 2025, Mental Health Europe brought together a strong and diverse network of **72 member organisations across 30 European countries**. Our work is shaped and strengthened by the active engagement of our members. Their expertise, experience and commitment are at the heart of everything we do.

Our membership reflects the diversity of the mental health field, bringing together organisations and individuals including people with lived and living experience of mental health problems and psychosocial disabilities, supporters, professionals, service providers, researchers, academics and advocates. This diversity enables us to promote inclusive, rights-based and community-focused approaches to mental health across Europe.

## How Membership works

Mental Health Europe's membership is built on a shared commitment to our vision, mission and human-rights and psychosocial approach to mental health. We welcome organisations and individuals who align with our vision of a Europe where everyone's mental health and wellbeing flourish across their life course.

Applications are reviewed through a structured process led by the Membership & Accreditation Committee (MAC), with final approval by the Board. This ensures that new members contribute to and strengthen the network while upholding our core principles and values.

Membership is a two-way engagement: members benefit from opportunities to connect, learn, and shape European mental health policy and practice, while also contributing their knowledge, experience and perspectives to the wider network.

**72**  
member  
organisations

**30**  
European  
countries



# Committees & Taskforces

Mental Health Europe Committees and Taskforces support our office on specific issues related to mental health, including human rights, policy, youth, communications and governance.

The Committees provide ongoing support to the Secretariat, contributing expertise, guidance and strategic input on a continuous basis. They help ensure that our work remains grounded in members' knowledge and aligned with our values.

Taskforces, on the other hand, are established on a more flexible, time-limited basis to address specific topics or emerging priorities. They bring together members with relevant expertise to focus on clearly defined objectives within a set timeframe. Together, these groups strengthen collaboration across the network and ensure that our work remains participatory, responsive and member-driven.



## STANDING COMMITTEES



**Membership & Accreditation**



**Finances**



**Human Rights**

## TASKFORCES



**Psychosocial Approach Expert Group**



**Co-creation**

# Our Members

Mental Health Europe works directly with EU institutions and global organisations to ensure that mental health remains a priority across European policy agendas. In collaboration with our members, we develop and promote policy proposals that advance mental health, psychosocial wellbeing and inclusive, community-based approaches.

The work of the organisation is firmly grounded in the perspectives of people with lived experience of mental health problems and psychosocial disabilities. We place their voices at the centre of our activities, ensuring that their experiences, rights and needs are reflected in policies and practices across Europe.

## ALBANIA

Foundation Together Albania: [togetheralbania.org](https://togetheralbania.org)

## AUSTRIA

Dachverband IDEE Austria – Interessensvereinigung der Erfahrungsexpert:innen für psychische Gesundheit: [dv-idee.at](https://dv-idee.at)

Pro Mente Austria: [promenteaustria.at](https://promenteaustria.at)

RED NOSES International: [rednoses.org](https://rednoses.org)

## BELGIUM

Familles du Monde: [famillesdumonde.eu](https://famillesdumonde.eu)

Hand in Hand: [ipso-gent.be](https://ipso-gent.be)

Huis Perrekes: [perrekes.be](https://perrekes.be)

Karus: [karus.be](https://karus.be)

Psyche: [psyche.be](https://psyche.be)

Solentra (Solidariteit en trauma): [solentra.be](https://solentra.be)

UNESSA: [unessa.be](https://unessa.be)

Zorgnet-Icuro: [zorgneticuro.be](https://zorgneticuro.be)

## BULGARIA

KOJA/SKIN: [koja-bg.org](https://koja-bg.org)

## CROATIA

Association Phoenix Split (Udruga Feniks Split): [udrugafenikssplit.com](https://udrugafenikssplit.com)

Susret – Association for Psychological Support: [www.susret.org](https://www.susret.org)

## CZECH REPUBLIC

FOKUS CR: [fokus-cr.cz](https://fokus-cr.cz)

## ESTONIA

Estonian Mental Health Association: [peaasi.ee](https://peaasi.ee)

Estonian Coalition for Mental Health and Well-being – VATEK: [vatek.ee](https://vatek.ee)

## EUROPEAN ORGANISATIONS

ADHD Europe: [adhdeurope.eu](https://adhdeurope.eu)

Club House Europe: [clubhouse-europe.com](https://clubhouse-europe.com)

EMDR Europe Association: [emdr-europe.org](https://emdr-europe.org)

European Organisation for Rare Diseases (EURORDIS): [eurordis.org](https://eurordis.org)

Horatio – European Psychiatric Nurses: [horatio-eu.com](https://horatio-eu.com)

MèTiS Europe: [metis-europe.eu](https://metis-europe.eu)

SMES-Europa aisbl: [smes-europa.org](https://smes-europa.org)



## FINLAND

Mieli – Mental Health Finland: [mieli.fi](https://mieli.fi)

## FRANCE

Advocacy France: [advocacy.fr](https://advocacy.fr)

## GERMANY

Bundespsychotherapeutenkammer (BPtK): [bptk.de](https://bptk.de)

Bundesinstitut für Öffentliche Gesundheit (BIÖG): [bioeg.de](https://bioeg.de)

Dachverband Gemeindepsychiatrie: [dvgp.org](https://dvgp.org)

Landesnetzwerk Selbsthilfe seelische Gesundheit e.V.: [netzg.org](https://netzg.org)

Mental Health Crowd: [mentalhealthcrowd.de](https://mentalhealthcrowd.de)

Pfalzkrankenhaus – Adoer: [pfalzkrankenhaus.de](https://pfalzkrankenhaus.de)

## GREECE

ARGO Federation: [argonauts.gr](https://argonauts.gr)

EMPSYCHOSIS: [empsychosis.com](https://empsychosis.com)

EPIONI: [epioni.gr](https://epioni.gr)

Society of Social Psychiatry P. Sakellaropoulos: [ekpse.gr](https://ekpse.gr)

Mental Health Institute for Children and Adults (M.H.I.C.A.): [inpsy.gr](https://inpsy.gr)

## HUNGARY

Cordelia Foundation: [cordelia.hu/en](https://cordelia.hu/en)

Mental Health Interest Forum (PEF): [pef.hu](https://pef.hu)

## ICELAND

Icelandic Mental Health Alliance – Geðhjálp: [gedhjalp.is](https://gedhjalp.is)

Kara Connect: [karaconnect.com](https://karaconnect.com)

## IRELAND

Mental Health Ireland: [mentalhealthireland.ie](https://mentalhealthireland.ie)

Mental Health Reform: [mentalhealthreform.ie](https://mentalhealthreform.ie)

## ISRAEL

Makshivim Net: [makshivim.net](https://makshivim.net)

## ITALY

Associazione Italiana per la Salute Mentale (AISME): [aisme.info](https://aisme.info)

Comunità di Venezia: [comunitadivenezia.it](https://comunitadivenezia.it)

Diritti alla Follia: [dirittiallafollia.it](https://dirittiallafollia.it)

Tages Onlus: [tagesonlus.org](https://tagesonlus.org)

## LITHUANIA

Mental Health Perspectives: [perspektyvos.org](https://perspektyvos.org)

## THE NETHERLANDS

CARe Network: [thecare-network.com](https://thecare-network.com)

European Assertive Outreach Foundation (EAOF): [eaof.org](https://eaof.org)

GGZ Nederland: [ggznederland.nl](https://ggznederland.nl)

## POLAND

Human Foundation: [human-foundation.eu](https://human-foundation.eu)

## PORTUGAL

Associação REC: [associacaorec.webnode.pt](http://associacaorec.webnode.pt)

## ROMANIA

Asociația Choice / Choice Association: [choiceconsulting.ro](http://choiceconsulting.ro)

ESTUAR: [estuar.org](http://estuar.org)

## SERBIA

Psychosocial Innovation Network (PIN): [psychosocialinnovation.net](http://psychosocialinnovation.net)

## SLOVAKIA

League for Mental Health in Slovakia: [dusevnezdravie.sk](http://dusevnezdravie.sk)

Open the Doors Open Your Heart (ODOS): [odos-sk.com](http://odos-sk.com)

## SPAIN

Andalusian School of Public Health: [easp.es](http://easp.es)

Asociación Española de Neuropsiquiatría (AEN): [aen.es](http://aen.es)

Confederación Salud Mental España: [consaludmental.org](http://consaludmental.org)

Drissa Private Foundation: [fundaciodrissa.com](http://fundaciodrissa.com)

Fundació Support-Girona: [supportgirona.cat](http://supportgirona.cat)

Fundación Mundo Bipolar: [ibpf.org](http://ibpf.org)

Plataforma Entidades Para la Promoción e Integración (RED ISEM): [redisem.es](http://redisem.es)

## SWITZERLAND

OST-Eastern University of Applied Science – Competence Center for Mental Health: [ost.ch](http://ost.ch)

## TÜRKIYE

İYİ Sosyal Kooperatif / WELL(being) Social Cooperative: [iyikooperatif.org](http://iyikooperatif.org)

## UKRAINE

National Psychological Association of Ukraine: [npa-ua.org](http://npa-ua.org)

## UNITED KINGDOM

Euro Youth Mental Health (EYMH): [eymh.org](http://eymh.org)

Penumbra Mental Health: [penumbra.org.uk](http://penumbra.org.uk)



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# Partners



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## European Organisations



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# Coalition & Alliances

The European Expert Group on the transition from institutions to community-based support



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## Care Alliance



# Finances

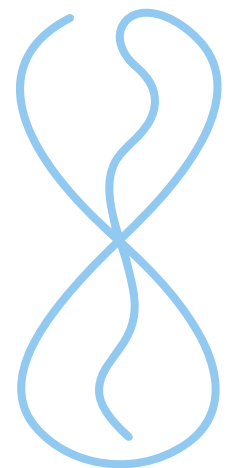
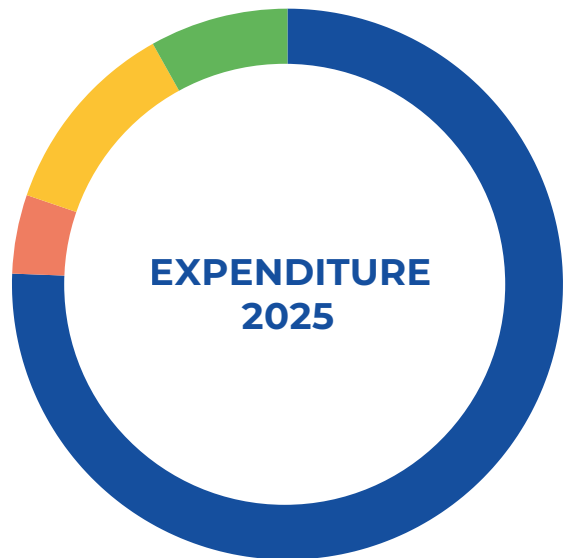
## Income 2025

Grants	939.171,84
Membership fees	82.114,91
Donations	103.137,13
Other income	105.685,11
<b>Total</b>	<b>1.230.108,99</b>



## Expenditure 2025

Personnel	929.992,65
Administration	56.951,63
External services	143.075,87
Activities	99.959,77
<b>Total</b>	<b>1.229.979,92</b>



# Acknowledgements

We are deeply grateful to our supporters for their commitment to improving mental health across Europe. On behalf of the entire Mental Health Europe community, we thank you for your essential contributions.



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